

A day for going inside - One day retreat with Mukti (USA) and Candra Karlholm on Färingsö, Sunday Aug. 22nd



"A day of ceremony, prayer and meditative and creative practices where we enter our hearts and explore our deeper longing, our next step, our intention..."

We go inside with the support of the circle and dedicate this day to communicating with our innermost so that we may emerge with newfound clarity and bring forth the offerings of our hearts."

This one day retreat can be a wonderful preparation for the inipi (sweat lodge) ceremony with Mukti the following weekend (on Värmdö). This day we experience various ceremonies and explore the connection with nature and Spirit, gratitude, silence and self expression with colours on paper as a way in – and a way out.

Location: Viksundsvägen 13, Hilleshög (45 min west of Stockholm).

Times: we start 9.30 and end 16.30.

Price: 650 kr (includes lunch)

Info & booking: Spiritual Events, candra@spiritualevents.se, mob: 0702-31 10 15

Most welcome!

www.spiritualevents.se